Shut Down Think Sheet

Name: _____ Date: _____

1. What were the circumstances at the moment you decided to shut down?

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_____

2. What was going on in your thinking that lead up to not being responsible?

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3. Obviously, at the moment, the responsibility seemed overwhelming. What made it seem that way to you?

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4. Responsibility has to do with doing what is right (what is expected) regardless of how you feel about it. God often uses the words “wise” and “wisdom” when describing doing what is right. What can you learn from God’s Word about responsibility from His discussions on the difference between wisdom and foolishness?

A. Proverbs 16:20

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B. James 3:13-17

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5. How does God's teaching make logical sense (renew your mind)? Use examples.

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6. Based off of God's Truth, what can you do the next time you're tempted to shut down because you feel overwhelmed by a responsibility (put on)?

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